



Preschool & PreK Program Details

Children ages between 3 to 5 years are welcome to join this Preschool & PreK Class Program. This program runs from September to June. This program focuses on the below curriculum & skills

What We Teach:

Our Preschool & PreK Class for children ages 3 to 5 offers a structured, yet playful learning environment where children are encouraged to explore, experiment, and build the skills necessary for school readiness. Utilizing the **Creative Curriculum**, we focus on fostering academic, social, emotional, and physical development, preparing children for the next step in their educational journey. Through hands-on activities, intentional teaching strategies, and a play-based approach, we help children develop essential skills for lifelong learning.

Key Learning Areas:

1. Language Development

- **Objective:** Expand expressive vocabulary, speak clearly using conventional grammar, comprehend language, and engage in conversations while using social rules of language.
- **Teaching Strategies:** Teachers promote rich vocabulary development by providing opportunities for children to engage in meaningful conversations with peers and adults. Through storytelling, role-playing, and guided group discussions, children are encouraged to express themselves clearly and use language to describe ideas and experiences. We also teach social rules of language, such as taking turns in conversations and using appropriate greetings. Teachers model and prompt children to use language to express emotions, desires, and questions, while reinforcing comprehension through activities like following directions and asking open-ended questions.

2. Listening Skills

- **Objective:** Strengthen the ability to follow instructions, improve attention, and understand multi-step directions.
- **Teaching Strategies:** Teachers provide opportunities for children to practice listening and responding to verbal instructions. This includes following simple and multi-step directions, improving focus during circle time, and listening for details in stories and songs. Activities that require children to listen and respond, such as interactive games and learning songs, help sharpen their listening skills and comprehension. Teachers also reinforce listening and focus through individual and group activities, providing consistent practice in both structured and unstructured settings.

3. Reading Readiness

- **Objective:** Develop letter knowledge, phonemic awareness, print concepts, and an appreciation for books and reading.
- **Teaching Strategies:** Children work on recognizing both uppercase and lowercase letters, connecting letters to their sounds, and learning the beginning, middle, and ending sounds in words. Teachers incorporate activities like rhyming, alliteration, and identifying sounds to promote phonemic awareness. Pre-reading skills are strengthened by interactive storytelling, practicing print concepts, and using big books. Children are encouraged to retell stories in their own words, make predictions, and engage in book conversations to develop comprehension. Regular read-aloud sessions and book-sharing foster a love for reading and help children understand how print and pictures work together.

4. Writing Skills

- **Objective:** Build fine motor skills for writing, support independent writing, and transfer print concepts to paper.
- **Teaching Strategies:** PreK children continue developing their fine motor skills through pencil grip practice, tracing activities, and independent writing. Teachers introduce proper letter formation and help children understand the relationship between spoken and written words. Writing activities may include tracing, labeling pictures, writing their names, and drawing to represent stories. Children are encouraged to write in journals, make signs, and transfer print concepts to their daily experiences, enhancing their early literacy and writing skills.

5. Math Readiness

- **Objective:** Build foundational math concepts such as counting, number recognition, measurement, and early operations.
- **Teaching Strategies:** Teachers provide hands-on activities to help children connect numerals to quantities, recognize patterns, and understand basic math concepts like time, money, and simple operations (addition and subtraction). Children practice counting objects, comparing quantities, and measuring items in the environment. Activities include graphing, identifying positions (e.g., above, below), understanding spatial relationships, and exploring mathematical vocabulary through play. PreK children also begin to understand concepts of time (e.g., days of the week) and money (e.g., recognizing coins), providing a strong foundation for future math learning.

6. Art Readiness

- **Objective:** Foster creativity through visual arts, music, dance, and dramatic play.
- **Teaching Strategies:** PreK children engage in creative expression using various materials such as paints, markers, clay, and construction paper. Teachers guide children to explore color, texture, and form while strengthening their fine motor skills. Music, rhythm, and dance activities are incorporated to help children develop coordination, body awareness,

and creativity. Dramatic play is encouraged, allowing children to act out different roles, solve problems, and enhance their social-emotional skills. These activities promote self-expression, confidence, and cognitive development.

7. Fine Motor Skills

- **Objective:** Strengthen hand-eye coordination and refine motor skills for writing, cutting, and manipulating objects.
- **Teaching Strategies:** PreK children engage in activities such as arts and crafts, scissoring, beading, puzzles, and working with playdough to build fine motor strength and dexterity. Teachers support children in developing the ability to manipulate tools like scissors, markers, and writing instruments. These activities help improve the small muscle coordination needed for writing and other classroom tasks. Children practice tasks such as sorting small objects and stringing beads, which support both fine motor development and cognitive skills like pattern recognition.

8. Gross Motor Skills

- **Objective:** Develop coordination, strength, and body awareness through active play.
- **Teaching Strategies:** PreK children continue developing their gross motor skills through activities such as running, jumping, balancing, climbing, and playing with large manipulatives like balls. Teachers provide opportunities for children to practice basic movement skills, coordination, and spatial awareness. Group games, outdoor activities, and obstacle courses are designed to build physical strength, improve balance, and encourage teamwork. These activities also promote a healthy lifestyle and contribute to emotional well-being by allowing children to release energy in productive ways.

9. Social-Emotional Skills

- **Objective:** Foster emotional regulation, positive peer interactions, problem-solving, and understanding of social norms.
- **Teaching Strategies:** Teachers guide children in recognizing and managing their feelings, expressing themselves in appropriate ways, and resolving conflicts. PreK children practice participating in group activities, sharing, cooperating with peers, and building friendships. Teachers model and reinforce social-emotional skills such as empathy, cooperation, and respect. Problem-solving strategies are encouraged when conflicts arise, allowing children to balance their own needs with the rights of others. Children also begin to understand school rules and follow directions with increasing independence.

10. Self-Help Skills

- **Objective:** Encourage independence in personal care routines and daily tasks.
- **Teaching Strategies:** PreK children continue to develop self-help skills, including dressing, eating, using the toilet independently, and washing hands. Teachers provide support and encouragement, allowing children to practice these skills on their own while also fostering

responsibility and self-confidence. Children are encouraged to take ownership of tasks such as cleaning up after activities, organizing their belongings, and making choices about their learning experiences.

Our Approach:

The **Creative Curriculum for Preschool & PreK** offers a comprehensive, child-centered approach that encourages inquiry, exploration, and a deep love of learning. Teachers use observations and assessments to tailor learning experiences to meet the individual needs and interests of each child. With a strong focus on play-based learning, we create a balanced environment where children develop foundational academic, social, emotional, and physical skills.

In our Preschool & PreK Class, children are encouraged to take ownership of their learning, make independent choices, and engage in cooperative group activities. We provide a nurturing environment where curiosity is fostered, questions are celebrated, and every child is supported in their unique developmental journey.