



Tots & Toddlers Program Details

Children ages between 1 to 2.5 years are welcome to join this Program. This program runs throughout the year. This program focuses on the curriculum & skills below.

What We Teach:

In our Tots and Toddler program, we focus on fostering curiosity, independence, and foundational skills through hands-on experiences. Our curriculum is designed to meet the unique developmental needs of one -two and half-year-olds, utilizing **Creative Curriculum objectives** and **research-based teaching strategies** that emphasize active learning and social-emotional development. We believe that toddlers learn best when they are engaged in meaningful interactions, exploring the world around them at their own pace.

Key Learning Areas:

1. Social-Emotional Development

- **Objective:** Help children begin to understand their own feelings and express emotions in appropriate ways.
- **Teaching Strategies:** Through guided play, story time, and group activities, we encourage toddlers to identify and label their emotions, such as happiness, frustration, and excitement. Teachers model empathy and positive social interactions, creating a safe space for toddlers to practice sharing, taking turns, and collaborating with peers.

2. Language and Literacy

- **Objective:** Encourage early language development by building vocabulary, listening skills, and an interest in books.
- **Teaching Strategies:** Teachers use storytelling, rhymes, and songs to help toddlers develop strong language skills. We engage in one-on-one conversations, read aloud regularly, and provide opportunities for children to interact with picture books and other print materials. This promotes listening comprehension, verbal expression, and an early love for reading.

3. Cognitive Development

- **Objective:** Support tots and toddlers in developing problem-solving abilities, curiosity, and critical thinking.
- **Teaching Strategies:** Tots and Toddlers explore their environment through hands-on activities like sorting, stacking, and building. Teachers provide open-ended materials like blocks, puzzles, and sensory bins, encouraging children to experiment, question, and find

solutions. We also incorporate age-appropriate math concepts such as shapes, numbers, and patterns to help develop early math skills.

4. Physical Development

- **Objective:** Promote the development of fine and gross motor skills through active play.
- **Teaching Strategies:** Tots and Toddlers engage in activities that support both large muscle and small muscle development. This includes outdoor play where they can run, climb, and balance, as well as fine motor activities like drawing, finger painting, and manipulating small objects. Teachers create opportunities for toddlers to practice hand-eye coordination and strengthen their physical abilities in a playful and supportive environment.

5. Creative Expression

- **Objective:** Encourage self-expression and creativity through art, music, and imaginative play.
- **Teaching Strategies:** Tots and Toddlers are provided with a variety of materials for creative exploration, such as paints, clay, musical instruments, and dress-up clothes. Teachers foster creativity by guiding children in open-ended activities that allow them to explore different ways to express themselves. These experiences help develop both cognitive and emotional growth, while also promoting communication through art, music, and movement.

6. Approaches to Learning

- **Objective:** Cultivate a love of learning by nurturing a positive attitude toward exploration and discovery.
- **Teaching Strategies:** We focus on building curiosity and a growth mindset by allowing toddlers to engage in self-directed exploration and providing opportunities for hands-on learning. Teachers model problem-solving skills and encourage perseverance, helping children feel proud of their efforts and accomplishments. Through meaningful experiences and supportive guidance, we help toddlers develop a love for learning that will last a lifetime.

Our Approach:

The **Creative Curriculum for Infants, Toddlers, and Twos** provides a flexible, child-centered framework that aligns with each child's developmental stage. Teachers create individualized learning experiences based on observations of each child's interests and developmental milestones. By fostering a warm, nurturing environment, we encourage each child to explore, experiment, and grow at their own pace.

At our Toddler Class, we focus on creating a balance of structured activities and free play, which supports the development of social skills, self-help skills, emotional regulation, and cognitive growth. Our goal is to build a strong foundation for lifelong learning in a supportive, fun, and engaging environment.